

Lady Crusader Basketball Camp Application Form

Day Camp I: May 31-June 3 _____

Shooting/Offensive Skills Camp: June 16-18

Check One: Resident _____ Commuter _____

Day Camp II: June 21-24 _____

Name _____

Age _____ Grade entering _____

Street _____

City _____

State _____ ZIP _____

Telephone _____

School _____

Coaches Name _____

Height _____ Weight _____ T-Shirt Size _____

Parent/Guardian's telephone:

Home _____ **Business** _____

Email _____

Roommate Preference:

Family Insurance Company Name:

I hereby authorize the director of the Lady Crusader Basketball Camp to act on my behalf according to her best judgment in any emergency requiring discipline or medical attention. My daughter is physically fit to participate in camp activities according to our family physician. Participants will not be covered with medical or dental insurance during camp, and Capital University is not responsible for any injuries sustained by a student participant or camp employee

Signature of Parent/Guardian:

Camp checks or money order payable to:

Lady Crusader Basketball Camp Inc.

Dixie Jeffers, The Capital Center
Capital University
1 College and Main
Columbus, OH 43209-2394



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Dixie Jeffers' 2021



Lady Crusader
Basketball Camp
at Capital University

Day Camp I
May 31 - June 3

Shooting / Offensive Skills Camp
June 16-18

Day Camp II
June 21-24

www.ladycrusader.com

Dixie Jeffers - Lady Crusader Basketball Camp Director

When people talk about Capital University women's basketball one name immediately comes to mind - Dixie Jeffers. Coming to the end of her third decade as a college basketball coach, Jeffers and her teams have been a model of excellence and consistency on and off the court. One of the nation's all-time winningest coaches, she has won nearly 80 percent of the games she has coached and is one of just 13 coaches in NCAA Division III history - male or female - and just the fifth women's basketball head coach to reach 700 wins. Jeffers, who spent three seasons as the coach at Rio Grande University before coming to Capital, currently has a combined 736-272 career record over 37 years. In honor of her career achievements, Jeffers was inducted into the Ohio Basketball Hall of Fame.

With Jeffers at the helm, Capital University women's basketball has become one of the nation's best and most respected basketball programs. From 1990-2000, no NCAA Division III women's basketball team has a higher winning percentage. Also during that span, Jeffers led Capital to the Final Four an incredible four times in five years. The Crusaders finished second in 1993, became the first Division III school to win back-to-back national championships in 1994 and 1995 and finished third in 1997. With all this success, Jeffers had the distinction of being the first Division III coach to win National Coach of the Year honors in successive years (1994 and 1995).

Capital has won 20 or more games in 18 seasons and twice crossed the 30-win plateau. Through Jeffers' tenure, Capital has won the Ohio Athletic Conference regular season title 10 times. The Crusaders have also won the OAC postseason tournament eight times, including a run of six in a row from 1992-1997, and have made 11 NCAA Tournament appearances. In 2016, she earned her 654th career victory, which made her the OAC coach with most career wins, both male or female. Win number 700 came last season on Jan. 10, 2018 at Heidelberg University.

"Players constantly drive me to be successful and continue to achieve," Jeffers said. "I have and always will love the game and will continually have the energy to do the job."

Anybody who comes into contact with Jeffers knows that energy is something the coach will never lack on or off the court. The energy Jeffers places in successful teams on the court is equally translated to her players' academic pursuits. "The kids we recruit have to understand that academics are the highest priority," Jeffers said. "They have to bring the enthusiasm to the classroom that they bring to the floor. That is a Capital student-athlete." As impressive as Jeffers' numbers are on the bench, her off-the-court accomplishments are equally impressive. For 20 straight seasons a Crusader was named Academic All-OAC, and she has coached numerous Academic All-Americans, NCAA and NACDA post-graduate scholarship recipients. In 1997 Crusader Carrie Ferguson was honored nationally as an NCAA Elite VIII selection. Jeffers and her teams also have been active in the community by giving free basketball clinics, helping the homeless, visiting Children's Hospital and being active in the Special Wish Foundation, Inc. Ironically enough, Jeffers is from a small Ohio town called Mount Victory and even if it appears she has climbed the coaching mountain, she wants to continue to ascend. "Once you have experienced a national championship, you never lose that hunger to do it again, for yourself, for your current players and the University," Jeffers said. "Other than getting married and having my children, it is one of the top experiences of my life, and I want my current players to have that experience for themselves."

Aside from her coaching duties, Jeffers serves as associate director of athletics, serves on multiple committees with the Women's Basketball Coaches Association (WBCA), and has brought marquee events to Capital such as the 2016 and 2020 NCAA Division III Women's Basketball Final Fours and The Basketball Tournament (TBT) in 2018 and 2019. She and her husband, John, live in Canal Winchester and have a daughter, Cara, who graduated from Otterbein University, and son, Jansen, who graduated from Ohio University.

Camp Philosophy

Through the Lady Crusader Basketball Camp, players will have an opportunity to work with Coach Jeffers to improve their athletic skills, sharpen their mental toughness in preparation for the game and learn how good sportsmanship can help them both on and off the court. Sessions will be held at the new Capital Center. Coach Jeffers' camp stresses basketball fundamentals. It is designed to give full attention to each camper, assuring that each girl receives the individual attention necessary to become a better player.

The Lady Crusader Basketball Camp presents each young woman with opportunities to grow as a player, regardless of her skill level, and to have fun with others who want to learn more about basketball. Coach Jeffers and her staff have built a reputation for their commitment to making the Lady Crusader Basketball Camp a rewarding experience for each participant.

Application and Registration

The Lady Crusader Basketball Camp is open to girls who will be entering grades 3-9 this fall. Shooting Camp is for girls entering grades 3-10. Camp sessions start on the day of check-in. Complete and return the application form on this brochure to enroll in the Lady Crusader Basketball Camp. Enrollment is limited to ensure duality individual instruction, so early registration is encouraged. After receiving your application and deposit, a confirmation letter will be sent to you with additional camp information. A nonrefundable deposit of \$100 (Made Payable to: Lady Crusader Basketball Camp Inc.) for each camp session is required with the application. A nonrefundable administrative fee of \$60 will be charged for cancellations made prior to the start of camp. No refunds will be made after the start of camp. An athletic trainer will be on staff. Participants will not be covered with medical or dental insurance during the camp.

Room and Board

All residents during the Shooting Camp will stay in the residence halls on Capital's campus. Halls are secured and will be watched 24 hours a day. University policy permits only two girls per residence hall room; however, arrangements can be made to house friends on the same floor. Most of the meals are served in the campus cafeteria, and local restaurants. Residences are air-conditioned.

Directions to Capital's Campus

From the east on I-70: Exit at Livingston. Turn right at the light and go four blocks to Francis Ave. and turn left. Francis dead-ends into Mound Street. Turn left on Mound and go one block to Pleasant Ridge Ave. Turn right on Pleasant Ridge. The Capital Center is on the northwest corner of Mound and Pleasant Ridge.

From the west on I-70: Exit at the Bexley/Main Street exit. Follow the ramp around onto Alum Creek Drive, which will dead-end into Main Street. Turn right on Main Street and go four blocks to Pleasant Ridge Ave. Turn right on Pleasant Ridge. The Capital Center will be on your left, at the corner of Mound and Pleasant Ridge.

GPS Address: 2350 East Mount Street, Bexley, Ohio, 43209

Day Camp I May 31 - June 3

\$250

Registration - Monday, 8:00 a.m.

Checkout - Thursday, 4:00 p.m.

Location: The Capital Center Performance Arena

Open to girls entering grades 3-9. Highlighting fundamental offensive and defensive basketball skills. Emphasis on improving and understanding basketball through individual and small group sessions. Designed to assist campers in becoming scoring threats, as well as enhance their offensive and defensive skills. Camp starts at 8:30 a.m. each morning and finishes at 4:00 p.m.

Shooting Camp June 16-18

Resident \$285 - Commuter \$225

Registration - Wednesday, 4:00 - 5:00 p.m.

Checkout - Friday, 4:00 p.m.

Location: The Capital Center Performance Arena

Open to girls entering grades 3-10. This is a positional and shooting camp to develop guard and post fundamentals. This camp will encompass all facets of offensive development. Ball handling, shooting, 1-on-1 moves, and much more. Camp runs from 4 p.m. to 9 p.m. on Wednesday, and 8:30 a.m. to 4 p.m. on Thursday and Friday. You may choose to commute each day or your camper may stay with us on campus as a resident in one of our on-site living spaces.

Day Camp II June 21-24

\$250

Registration - Monday, 8:00 a.m.

Checkout - Thursday, 4:00 p.m.

Location: The Capital Center Performance Arena

Open to girls entering grades 3-9. Highlighting fundamental offensive and defensive basketball skills. Emphasis on improving and understanding basketball through individual and small group sessions. Designed to assist campers in becoming scoring threats, as well as enhance their offensive and defensive skills. Camp starts at 8:30 a.m. each morning and finishes at 4:00 p.m.

Visit www.ladycrusader.com for additional information

Camp Extras:

Camp T-shirt, Complimentary Basketball